



LION CITY CLASSIC 2023

COMPETITION DIRECTIVES

| HOST DETAILS | |
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| DISCIPLINES | Women's Artistic Gymnastics (WAG) Men's Artistic Gymnastics (MAG) |
| HOST | The Yard Singapore |
| EVENT COORDINATION | Main Contact: Rosanna Trigg Contact Email: competitions@theyard.com.sg Contact Number: Office: +65 6816 8022 Website: www.theyard.sg/LCC2023 |
| DATES | Friday 28th April - Sunday 30th April 2023 (3 Days) *Podium Training available Thursday the 27th for all international visiting teams |
| VENUE | The Yard Singapore (Jurong East) 10 Science Centre Road 01-03 The Bestway Centre Singapore 609079 |
| APPARATUS | All Competition Apparatus is Gymnova Combination of Gymnova & Gaofei Matting |
| INVITED CLUBS & SCHOOLS | The Lion City Classic is an open invitation to all clubs and schools in Singapore and internationally, regardless of national body memberships or affiliations. |

COMPETITION DETAILS

RULES & REGULATIONS

The Lion City Classic will be organized under the Singapore levels program:

WAG

- Singapore National Program - WAG (Feb 2019 Version)
- SG WAG Technical Handbook (Nov 2020 Version)

MAG

- Singapore National Program - MAG (Feb 2019 Version)

ELIGIBILITY

TRAINING INSTITUTION

- Any athletes from a local/international school gymnastics program and private club are welcome to participate in the Lion City Classic.
- All participating athletes must be accompanied by a coach who is named on the registration form.
- All participating athletes must be entered under a school or club team.
- An athlete can enter as an individual as long as they are representing a club or school.

VACCINATION

- We will follow the most up to date sport specific guidelines
- Currently all athletes 12 years and above are required to be fully vaccinated to participate in the competition.
- All personnel volunteers, coaches and judges are required to be fully vaccinated to participate in the competition.
- No mandated vaccinations for athletes under 12 years
- Covid safe measures will apply



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| EVENT FORMAT | <p>Individual Competition</p> <ul style="list-style-type: none"> • Individual All Around (IAA) • Apparatus Finals <p>Team Competition</p> <ul style="list-style-type: none"> • Team size: Minimum of 3, maximum of 6 athletes • Maximum two teams per club for each competition category • Combination of top 3 scores of each club / school on each event, across all apparatus, per level, per age group • Clubs/Schools entering 2 teams must define the athletes in the A and B teams in the registration form. Clubs with more than 3 athletes in a level/age group will be automatically entered and invoiced for the team entry. One team per club/level/age group maximum. <p>*Team competition will only be held with a minimum of 3 teams per category</p> |
| AWARDS & CEREMONIES | <p>WAG SG Levels 2-5</p> <p>MAG SG Fundamentals & Levels 1-5</p> <p>Apparatus Ribbons</p> <p>All athletes will collect a Bronze, Silver or Gold ribbon for each of their apparatus performances</p> <p>Participation All Around Awards (PAA)</p> <p>Each participating athlete will be presented a Bronze, Silver or Gold All Around medal based on their average ribbon color.</p> |

Best Performance Awards (BPA)

Medals

- Individual All Around (IAA) - Medal awarded to places 1-3 Ribbons 4-6
- Individual Apparatus Winners - Medal awarded to places 1-3

Team Awards

Trophy

- Team trophies are awarded to the top 3 performing teams for the level
- Depending on the total number of teams entered for the junior and senior categories in each level, team awards will be separated into junior and senior categories.

WAG & MAG

Levels 6 - 10

Individual All Around

- Medals awarded - places 1-3
- Ribbons awarded - places 4-6

Individual Apparatus

- Medals awarded - places 1-3
- Ribbons awarded - places 4-6

WAG & MAG TEAM

- Team awards - 1st, 2nd and 3rd places
- Team Competition only awarded for categories with at least 3 teams
- Team awards will be given for each level and age category, meeting the 3 team requirement

Winning teams will be presented with a team trophy



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| <p>AGE CATEGORIES</p> | <p>JUNIORS WAG</p> <ul style="list-style-type: none"> • Level 2 WAG (7 years & under) • Level 3 WAG (8 years & under) • Level 4 WAG (9 years & under) • Level 5 WAG (open age) • Level 6 (open age) • Level 7 (open age) • Level 8 (open age) • Level 9 (open age) • Level 10 (open age) <p>JUNIORS MAG</p> <ul style="list-style-type: none"> • Foundation MAG (7 years & under) • Level 1 MAG (7 years & under) • Level 2 MAG (7 years & under) • Level 3 MAG (8 years & under) • Level 4 MAG (open age) • Level 5 MAG (open age) <p>*Age is based on Date of Birth as of 31 December 2023</p> | <p>SENIORS WAG</p> <ul style="list-style-type: none"> • Level 2 WAG (8 years & above) • Level 3 WAG (9 years & above) • Level 4 WAG (10 years & above) • Level 5 WAG (open age) <p>SENIORS MAG</p> <ul style="list-style-type: none"> • Foundation MAG (8 years & above) • Level 1 MAG (8 years & above) • Level 2 MAG (8 years & above) • Level 3 MAG (9 years & above) • Level 4 MAG (open age) • Level 5 WAG (open age) <p>*Age is based on Date of Birth as of 31 December 2023</p> |
| <p>REGISTRATION DETAILS</p> | | |
| <p>REGISTRATION</p> | <p>Registrations are being completed directly at LiveMeet (sportzsoft) via this link:</p> <p>https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=E457E6F0993DD8049969614ADE1D266A</p> | |
| <p>REGISTRATION DEADLINE</p> | <p>If you are not a registered member of LiveMeet (sportzsoft), please proceed to the link above where you can request a login from the website.</p> <p><u>Please note that spots are limited and certain levels or age groups may close before the final registration deadline.</u></p> <p>EARLY BIRD REGISTRATION DEADLINE: 10th of February 2023</p> <p>FINAL REGISTRATION DEADLINE: 10th of March 2023</p> | |



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FEES & PAYMENT DETAILS

ENTRY FEES

EARLY BIRD ENTRY FEES -

- Individual Athlete Entry Fee: \$120 SGD
- Team Entry Per Level/Age Group: \$80 SGD

NON-EARLY BIRD FEES - all registrations after 31st January 2023

- Individual Athlete Entry Fee: \$150 SGD
- Team Entry Per Level/Age Group: \$110 SGD

All fees are inclusive of GST (8%)

- Registration is confirmed once submitted
- Please make payment **ONLY AFTER** you received the invoice
- Entry Fees for the whole club / school must be paid in **FULL** in one payment.
- Individual payments per gymnast are **NOT** accepted
- Payments from individual parents will **NOT** be accepted

PAYMENT OPTIONS

BANK TRANSFER

Account Name: PEOPLE IN MOTION PTE LTD
Bank Account: OCBC CURRENT ACCOUNT
Account Number: 695 - 089664 -001

PayNow

UEN:201535741C



PAYMENT DEADLINE

The Accounts Team at The Yard will send through an official invoice after receiving each club's Registration Form.

- Early Bird Invoices will be sent: February 14th, 2023
- Early Bird Invoices due: February 28th, 2023
- Final Registration Invoices will be sent: March 10th, 2023
- Final Registration Invoices due: March 14th, 2023

Contact Person: Para

Contact: accounts@theyard.com.sg

GOODIE BAGS

We aim to make our competitions as enjoyable as possible for all participating, not just the medal winners. We like to get creative with our goodie bags. To help us do this you could provide the following size options for each of your athletes during registration that would be really helpful.

Size Charts

T-SHIRTS



| SIZE | SHOULDER | CHEST | SLEEVE | BODY |
|------|----------|-------|--------|------|
| 2XS | 14 | 34 | 7 | 25 |
| XS | 15 | 36 | 7.5 | 26 |
| S | 16 | 38 | 8 | 27 |
| M | 17 | 40 | 8.5 | 28 |
| L | 18 | 42 | 9 | 29 |
| XL | 19 | 44 | 9.5 | 30 |
| 2XL | 20 | 46 | 10 | 31 |
| 3XL | 21 | 48 | 10.5 | 32 |

* All dimension in Inches [Tolerance +/-5% in actual product]

* Add a few CM to your body dimension and select size accordingly for comfortable fit



LEOTARD

| SIZE | INCHES | CHEST | WAIST | APPROX AGE |
|------|--------|----------|----------|-------------|
| CSM | 24 | 22 - 24" | 16 - 18" | 3 - 4 yrs |
| INT | 26 | 23 - 26" | 18 - 20" | 5 - 6 yrs |
| CME | 28 | 24 - 28" | 20 - 22" | 7 - 8 yrs |
| CLA | 30 | 26 - 30" | 22 - 24" | 9 - 10 yrs |
| AXS | 32 | 28 - 32" | 24 - 26" | 11 - 12 yrs |
| ASM | 34 | 32 - 34" | 26 - 28" | 12 - 13 yrs |
| AME | 36 | 34 - 36" | 27 - 30" | 13 - 15 yrs |
| ALA | 38 | 36 - 38" | 30 - 32" | 15+ yrs |

TICKETING & SPECTATING

LIVE STREAMING

Live Streaming

We will be offering a complimentary live stream for family and friends to watch the action as it unfolds online. The link to the live stream will be provided to all entrants. Details of viewing will be emailed out to clubs in the weeks leading up to the competition.

